

Haylie Pomroy, B.S., W.C.

Celebrity Nutritionist

Registered Wellness Consultant and Nutritional Counseling

Haylie Pomroy grew up in a family with 2 sisters. As a family, they enjoyed friendly camaraderie at meals, great food, and sitting around the table talking long after dinner was over. Haylie enjoyed food and nutrition so much that it has become her life's work to help people create healthy lifestyles and eating habits. In her work with clients, Haylie has learned that many people equate healthy eating with deprivation, repetition, and going hungry. Haylie doesn't believe in starving her clients! She helps them meet their goals while eating delicious food and has proven it time and time again with her clients. From movie stars to the guy next door, she has been changing the lives of her clients. She helps her clients meet their nutritional goals and enhance their health while eating delicious, healthy and filling foods.

Haylie Pomroy owns integrative healthcare clinics in Beverly Hills, Burbank, and Calabasas, California; and Ft. Collins, Colorado. She is an accomplished practitioner, speaker, writer, consultant, product developer, and researcher who has been featured several times on national television and recently published her first book, "Craving Conception." Haylie is featured regularly on the nationally syndicated television show EXTRA and has been chosen as an EXTRA Lifechanger, joining the well-respected ranks of Dr. Oz, Dr. Drew Pinsky from Celebrity Rehab, Cesar Milan the Dog Whisper, and Dr. Dorian of ER.

Haylie works with clients from Hollywood, California to Ontario, Canada. During her 14 years of clinical practice, she has created strong relationships with many of the world's leading physicians, personal chefs, personal trainers, and other professionals who often seek her advice on their most challenging cases. She has consulted for top universities, hospitals, medical clinics, national sports teams, the Screen Actors Guild, the Writers Guild, and many of the major movie studios. Haylie's entire practice has been built on referrals from clients who have experienced amazing results from working with her. Her client list is starting to look like a "Who's Who" of the entertainment industry.

Haylie currently sits on the Executive Editorial Board and writes a recurring nutrition and fertility article for *Fertility Today* magazine, a leading source of information for patients seeking access to clinical fertility literature and advice that is sold in 12 countries. Her writing has received cover placement and has been picked up by many Internet sites. She has also been featured in *The Acorn, Your Health Connection, The Ventura Star*, and other publications. Her book, *Craving Conception: Unlock the Power of Nutrition for Fertility*, has been featured on national television.

Haylie is the Vice President of Clinical Research and Development for East West Essentials, a supplement company that specializes in high quality, nutrient-dense products that help to optimize health and well-being (www.eastwestessentials.com). She is also the head of the Nutrition Department at East West Conception Center in Beverly Hills, California. East West Conception Center is an active participant in Resolve: The National Infertility Association; The American Society of Reproductive Medicine; CSOMA; and NACCOM.

Haylie Pomroy resides in Southern California with her husband and two children. She practices in on location and at her offices in Beverly Hills, Burbank, and Calabasas, California; and Ft. Collins, Colorado.